

# Redding Connects

Your Connection to City Services



December 2017

## Winter Energy Saving Tips from REU

With the winter season upon us, your community-owned utility, REU, is here to help you with tips to save energy while remaining warm and comfortable in your home. Some energy saving measures require little to no investment. We talk with customers every day who don't realize just how easy it is to save energy, and money. The following tips are very simple, low-to-no cost ways you can save energy and money.

**Unplug** – most homes are full of phantom energy "hogs" – electronic devices that aren't really off even though you've hit the off switch. Look for anything with a digital display or little red light and unplug it when not in use – or get a power strip.

**Turn off those lights** – and consider the wattage, too. If you have a 60 watt bulb in a hallway, consider replacing with a 7 watt LED bulb. Yes, LEDs may cost more, but they can last more than 25 times longer than traditional light bulbs.

**Change furnace filters frequently** - you can improve the energy efficiency of your heating system by cleaning air registers, ducts, and replacing forced air filters once per month.

**Supply and return air vents/registers** – don't block heating vents or return air registers with furniture or other objects that obstruct air flow. Both the return and supply vents need to be free of obstruction in order to maximize your heating system's performance.

**Seal the envelope** – save energy and money by sealing air leaks around doors and windows with weather stripping and caulking. This low-cost measure helps prevent heat from escaping your home and saves you money.

**Heat pump operation** – if you have an electric heat pump, never adjust your thermostat more than 2° F at a time; anytime you do, your heat pump's auxiliary heat strips will be "triggered" and increase your cost and energy use.

**Lower your thermostat** - put that favorite sweater on before turning the thermostat up; a good setting for your heating system during the day is 68° F; consider turning your thermostat down to 60° F just before you go to bed.

**Take advantage of sunlight** - use the sunlight to your advantage; open window blinds and curtains to allow for natural solar heat gain (warming) in your home and close them at night to reduce the chill and heat loss through cold windows.

REU – Powering a Strong Community!

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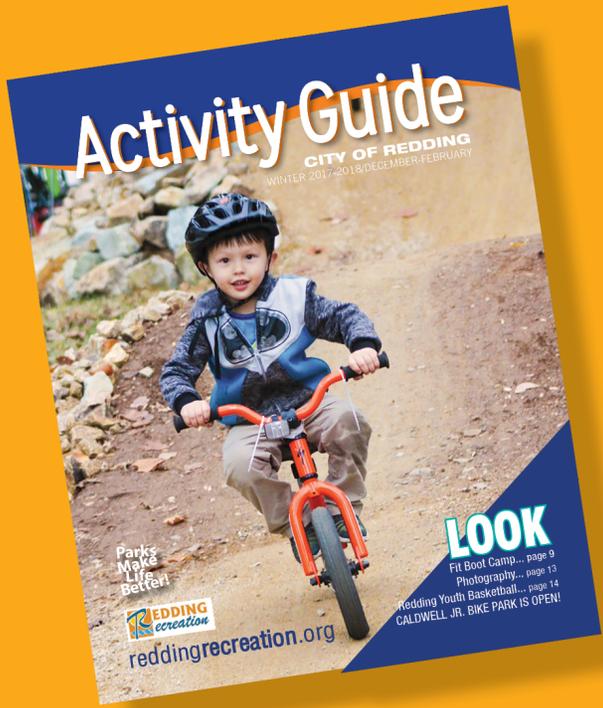
# REU

Redding Electric Utility



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## Get your Winter Guide on December 1!

- Fast Pitch Softball Umpire Training
- Tribal Fusion Dance Fitness
- Fit Boot Camp
- Winter Boot Camp Ski & Snowboard Conditioning
- Aunt Bee's Kitchen
- Photography
- Winter Adventures
- Redding Youth Basketball League
- Healthy Me! Preschool Program
- Little Learners Sign & Sing

## Get Connected to Services Available in Your Community

2-1-1 Shasta, a program of United Way of Northern California, is an information and referral helpline that is available 24 hours a day, seven days a week. 2-1-1 is free, confidential, and available in multiple languages.

When a community member calls 2-1-1 they are connected to a live specialist, who can assist in finding information regarding food, clothing, utility assistance, housing & shelter, job training and employment, parenting classes, healthcare, crisis hotlines, transportation, senior services, child care, drug and alcohol treatment, legal services, counseling, mental health, support groups, and more.

Allow us to connect you to the resources you need to get help, just dial 2-1-1 on any phone within Shasta County. If you are not able to connect to 2-1-1 Shasta from your phone, please call 855-211-7822, or visit us online at 211norcal.org.

## Tis the Season to "SHARE"

During this season of celebration and giving, please remember that there are some Redding residents who need our assistance. For the past 15 years, REU has provided a SHARE program (Simply Helping Another Receive Energy), which has raised more than \$250,000 to assist our Redding elderly residents with their electric bill. When you review your next City of Redding utility bill, look for the SHARE box at the top of the bill and please consider making a generous donation. If you would like to add a fixed, monthly contribution amount to your utility bill, please contact Customer Service at (530) 339-7200.

As 2016 comes to an end and we all look forward to new and positive opportunities for 2017, let's be mindful of what we truly love about our community and each strive to improve our quality of life.

## From Your Shasta County Library



## Winter Wonderland at the Redding Library

Sat., Dec. 16th  
10am



Get in the holiday spirit at the Redding Library's Winter Wonderland celebration on Saturday, December 16th from 10am to Noon. Fun crafts, snacks, and raffles make this the perfect holiday event for families.

For more information call 530-245-7253.

