

# STAY HOME. SAVE LIVES.

## DO:

- Stay home as much as possible (kids too) • Have video and phone chats
- Go out only for essentials (groceries, medical care, etc.) • Stay at least 6 feet away from others any time you are out • Exercise outside (hiking, biking) only if you can be 6 feet apart from others
- Drop food off to neighbors who can't go out

## DON'T:

- Have playdates for kids • Make unnecessary trips
- Gather in groups • Get together with friends (no drinks or dinners)

## OPEN:

- Grocery stores • Banks • Pharmacies • Gas stations
- Restaurants (takeout/delivery only)

## CLOSED:

- Fitness, yoga and dance centers • Theaters, bowling alleys, roller rinks, museums
- Barbershops, hair and nail salons, spas, cosmetic stores, tattoo parlors
- Concerts, sporting events, festivals • Campgrounds