

# Redding Connects

Your Connection to City Services



March 2016

## 23rd Annual Redding Regional Science Bowl

REU hosted its 23rd annual Redding Regional Science Bowl, at Simpson University in Redding, on Saturday, February 27. University Preparatory High School (U-Prep) won the event for the fourth straight year. Team members Chris Huebner (Captain), Melia Matthews, Beau Forest, and brothers Luke and Erick Blankenberg will travel to Washington, D.C., to participate in the National Science Bowl April 28 - May 2, along with their coaches Brian Murphy and Cory Poole. The U-Prep team went undefeated during the afternoon double elimination tournament among the day's top eight qualifiers.

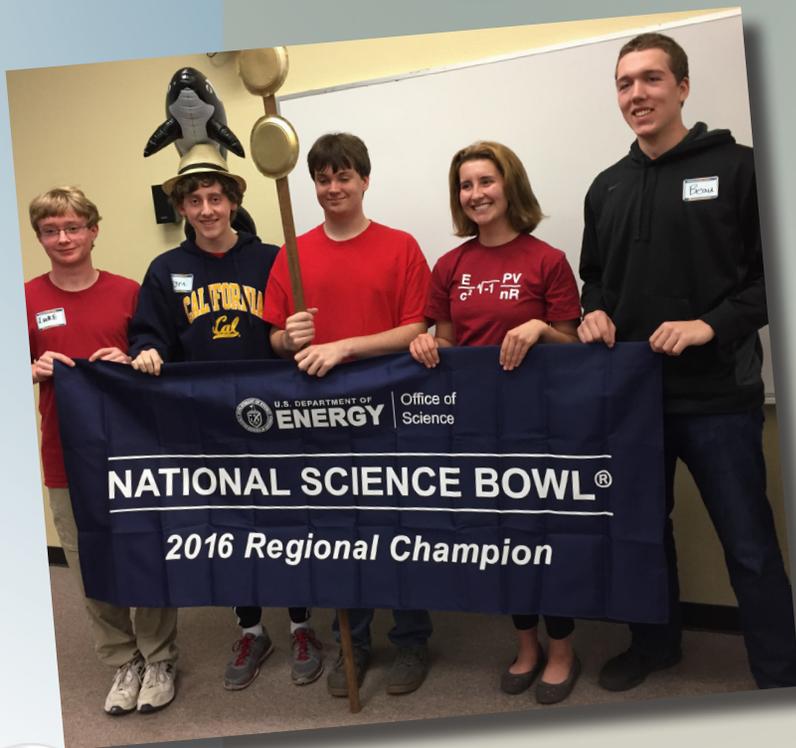
This was the largest regional event REU has ever held. Twenty-seven teams representing 16 schools from Butte, Glenn, Humboldt, Lassen, Shasta, and Trinity counties participated in the highly technical science and math question-and-answer competition. Coach Poole credited REU and the Science Bowl for raising the quality of local science education. He said that U-Prep and Foothill High School have both added earth science classes to their curriculum to better prepare their students for this event.

The Redding Regional Science Bowl is sponsored by Redding Electric Utility, Simpson University, North State STEM, Turtle Bay Exploration Park, College Options, City of Shasta Lake, Lassen Municipal Utility District, Trinity Public Utilities District, CH2M Hill, Wallner Plumbing, Pepsi, Shasta Regional Medical Center, Best Western Plus Hilltop Inn, Hilton Garden Inn Redding, Red Lion Hotel, and the National Science Bowl. This event would not be possible without these great sponsors!

Congratulations U-Prep and good luck at the Nationals!

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From left to right is Luke Blankenberg, Chris Huebner (Captain), Erick Blankenberg, Melia Matthews, and Beau Forest.



## Activity Guide

CITY OF REDDING  
SPRING 2016/FEBRUARY-MAY



**best ever**  
PLANNING YOUR SUMMER  
STARTING FEBRUARY 8

redningrecreation.org

### It's Spring!

Find all the latest classes, events, activities, sports leagues, dance, and personal enrichment classes from preschool to seniors.

Pick an Activity Guide at City Hall:  
777 Cypress Avenue, 2nd floor  
or view the guide online at [reddingrecreation.org](http://reddingrecreation.org)

## Intro to Yoga Workshop

After this 2-hour workshop you will feel relaxed, confident, and ready to add yoga to your healthy lifestyle change. Props and mat provided. Instructor: Annie Correia.

Date: Sun, April 10  
Time: 12-2pm  
Cost: \$35




**REDDING Recreation**

777 Cypress Ave. 2nd floor  
[reddingrecreation.org](http://reddingrecreation.org)

## Safety Training Courses

We offer WSI, Lifeguard, First Aid, CPR PRO, Basic Water Rescue, Babysitting, and Junior Lifeguard Training

Ages: 11 and older  
Dates: vary in February-March

register online at [reddingrecreation.org](http://reddingrecreation.org) or call 225-4095

## Protect Yourself From Mosquitoes and the Diseases They Carry



Anything that can hold water for more than a few days can breed mosquitoes. **Drain or dump all containers in and around your home.**

### Practice the 4 D's

- ✓ **DRAIN** standing water
- ✓ **DUSK & DAWN** avoid outdoor activities
- ✓ **DRESS** wear long sleeves and pants during dawn and dusk
- ✓ **DEFEND** wear insect repellent

**A handful of water can produce hundreds of mosquitoes. Neglected pools can produce more than a million mosquitoes and may affect people as far away as five miles.**

Shasta Mosquito & Vector Control District  
(530) 365-3768  
[www.shastamosquito.org](http://www.shastamosquito.org)



## Water Saving Tips



Repair dripping faucets by replacing washers. If your faucet is dripping at a rate of one drop per second, you can expect to waste 2,700 gallons per year.

## From Your Shasta County Library

Once again, the Shasta Public Libraries will be celebrating Teen Tech Week at the Redding Library. Teens can find out about all of the amazing digital and tech resources available at the Shasta Public Libraries.

This year, the Redding Library will be hosting two tech-related events that are likely to introduce teens to new friends and the future.

On Tuesday, March 8, from 6-7:30 pm, a Tech Scavenger Hunt will give teens a chance to do some techie sleuthing and learn about the Redding Library's Teen Advisory Board (T.A.B.). Prizes and snacks will be provided.

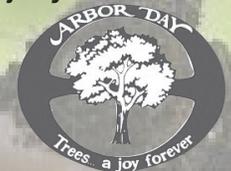
On Saturday, March 12, teens can learn the basics of 3D printing design from 1:30-2:30 pm, with local experts from Build It. A competition will be held at 3 pm, awarding prizes for the best 3D models. Signups to participate in the class are required. Email [amandaa@shastalibraries.org](mailto:amandaa@shastalibraries.org) or call 530-245-7261.

Visit [www.shastalibraries.org](http://www.shastalibraries.org) or call 530-245-7253 for more information on all of our teen programs and events.

## Whole Earth and Watershed Festival

Saturday, April 23, 2016,  
at the City Hall Sculpture Park from  
11 a.m. to 5 p.m.

The City of Redding will be handing out 500-700 trees (majority are California natives)



This year marks the 34th consecutive year the City has received the Tree City U.S.A. Award and the 21st consecutive year the City has received the Tree Line U.S.A. Award.

For information call the Parks Office at 224-6100