



Tips for Efficient Operation of Heat Pumps

- At night, do not set your standard thermostat back.
- The energy savings achieved from your heat pump may be eliminated if you adjust your thermostat up by more than 2°F at a time. (For example: when you awake in the morning, and your home thermostat says it is 67 F, do not increase the setting on your thermostat more than 2°F at a time).
- Any time you adjust your thermostat more than 2°F, your heat pump's auxiliary heat strips will be "triggered" and "spike" (increase) your energy use. Avoiding heat strip operation will save you energy and money.
- Many heat pump thermostats have a built-in "set back" feature, and are available for most heat pumps. Check with a licensed Heating Ventilation & Air Conditioner (HVAC) technician/contractor.
- Ensuring proper air flow across the indoor and outdoor coils is very important.
- Change the return air filter every month during the heating and cooling seasons and keep the area around the outside unit clear (avoid anything that could block air flow around your unit).
- Afternoon shading of your HVAC unit is ideal where possible.
- Use water from your garden hose to clean outside coils once a year.
- Do not close off individual supply air vents/registers in your residence as this may cause an imbalance in your HVAC system.