EAP

employee assistance

ACI SPECIALTY BENEFITS

ACI's Employee Assistance Program (EAP) provides professional and confidential services to help employees and family members address a variety of personal, family, life, and work-related issues.

Confidential and professional assessment and referral services for employees and their family members

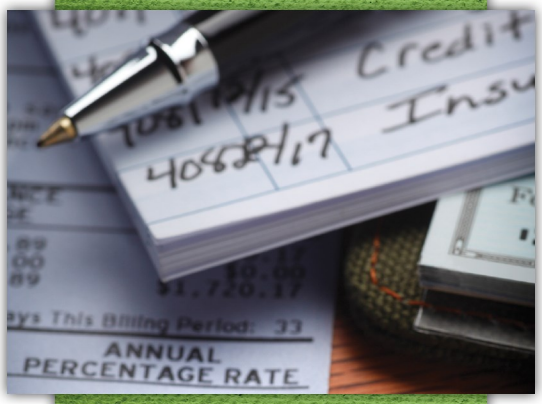
EAP and Work/Life Benefits:

From the stress of everyday life to relationship issues or even work-related concerns, the EAP can help with any issue affecting overall health, well-being and life management.

- 6 Sessions per Year* of Professional Assessment for Employees and Family Members
- Unlimited Child Care and Elder Care Referrals
- Legal Assistance for unlimited number of issues per year
- Financial Consultation for unlimited number of issues per year
- Unlimited Pet Care Consultation
- Unlimited Education Referrals and Resources
- Unlimited Identity Theft Recovery Referrals
- Unlimited Referrals and Resources for any Personal Service
- Unlimited Community-based Resources
- Live 'N Learn Employee Trainings
- Online Legal Resource Center
- *Affinity*™ Online Work/Life Website
- myACI App for Mobile Access
- Monthly HealthYMail Newsletters
- Multicultural and Multilingual Providers Available Nationwide

EAP benefits are prepaid by your employer, 100% confidential, available to all family members regardless of location, and easily accessible through ACI's 24/7 live-answer toll free number.

**3 Sessions per Six Months for California Employees*



Additional Questions?
Contact Human Resources or contact ACI Specialty Benefits directly at
800.932.0034
eapinfo@acispecialtybenefits.com
http://redding.acieap.com

CITY OF REDDING CALIFORNIA

Start Using Your *Affinity™* Online

To access the ***Affinity™*** Online Website:

1. Go to www.affinity-online.com
2. In the login page, enter the company user name: **redding**
3. Enter the company password: **aci**

Affinity™ Online features self-help tools, resources and answers at any time of the day or night from any internet-connected computer. It is completely anonymous so privacy is assured. Best of all, it is free! No matter how often it is used, it is provided to your company at no additional cost.

At ***Affinity™*** Online you'll find more than 300 programs prepared, revised and constantly updated addressing a range of topics focusing on mental health, personal development, and many aspects of daily living. Each features:

- Personalized self-paced assistance
- Strategies for better and healthier living
- Complete anonymity
- **FREE** services no matter how often accessed
- Help available 24 hours per day, seven days per week

AFFINITY worklife

ACI SPECIALTY BENEFITS

For assistance. contact ACI Specialty Benefits at 800.932.0034 or askaffinity@acispecialtybenefits.com

CITY OF REDDING CALIFORNIA